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REVIEW ARTICLE

A CRITICAL REVIEW ON THE MEDICINAL PLANTS ACTING ON FEMALE REPRODUCTIVE SYSTEM

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ABSTRACT

Women's body has to undergo lot of changes. There are some specific phases in women's life like pre puberty, puberty, adolescence, reproductive period and climacteric. In each of these phases there will be lot of physiological changes which will be influenced by female hormones. So, one must be very cautious while selecting medicinal plants for women. Medicinal plants have got varied action on women's physiology. Some of them act as phytoestrogen, galactogauge, fertility drugs, whereas on the other hand some act as emmenogauge, abortifacient, anti-fertility drugs. This review discusses on the medicinal plants used in women's disorders and their mode of action, adverse effects and effects on pregnancy and lactation.

Key words: Reproductive system, phytoestrogen, abortifacient, antifertility.

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